

**Hyde County Board of Commissioners  
AGENDA ITEM SUMMARY SHEET**

**Meeting Date:** July 2, 2018  
**Presenter:** Luana Gibbs  
**Attachment:** Yes

**ITEM TITLE:** Re-appointment of Tynia Harris to Board of Health

**SUMMARY:** The Hyde County Board of Health approved at the June 19, 2018 meeting, the reappointment of Tynia Harris to her third term. Each term is a three year term, and no more than three consecutive terms may be served at one time. The Board of Health requests the Hyde County Board of Commissioner approval for Mrs. Harris' final three year term on the Board.

**RECOMMEND:** Approval

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Motion Made By: ☐ Earl Pugh, Jr.  
☐ Barry Swindell  
☐ Dick Tunnell  
☐ Ben Simmons  
☐ Tom Pahl

Motion Seconded By: ☐ Earl Pugh, Jr.  
☐ Barry Swindell  
☐ Dick Tunnell  
☐ Ben Simmons  
☐ Tom Pahl

Vote: ☐ Earl Pugh, Jr.  
☐ Barry Swindell  
☐ Dick Tunnell  
☐ Ben Simmons  
☐ Tom Pahl

**Hyde County Board of Commissioners  
AGENDA ITEM SUMMARY SHEET**

**Meeting Date:** July 2, 2018  
**Presenter:** Luana Gibbs  
**Attachment:** Yes

**ITEM TITLE:** Fee Schedule FY 2018-19

**SUMMARY:** The FY 2018-19 Fee Schedule was reviewed and approved by the Hyde County Board of Health on June 19, 2018. The Board of Health requests the Hyde County Board of Commissioners final approval of Fee Schedule.

**RECOMMEND:** Approval

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Motion Made By: ☐ Earl Pugh, Jr.  
☐ Barry Swindell  
☐ Dick Tunnell  
☐ Ben Simmons  
☐ Tom Pahl

Motion Seconded By: ☐ Earl Pugh, Jr.  
☐ Barry Swindell  
☐ Dick Tunnell  
☐ Ben Simmons  
☐ Tom Pahl

Vote: ☐ Earl Pugh, Jr.  
☐ Barry Swindell  
☐ Dick Tunnell  
☐ Ben Simmons  
☐ Tom Pahl

## Hyde County Health Department

P.O. Box 100  
1151 Main Street  
Swan Quarter, N.C. 27885

Phone: (252) 926-4200  
Fax: (252) 926-0021



*From the Lodge to the Lighthouse  
We're striving for a healthier Hyde*

*Luana Gibbs  
Interim Health Director*

### Fee Schedule FY 2018-19

CPT	Description	Fee
<b>NEW PATIENTS</b>		
99201	Office Visit 1—New/Problem	\$91.00
99202	Office Visit 2	\$149.00
99203	Office Visit 3	\$221.00
99204	Office Visit 4	\$339.00
99205	Office Visit 5	\$452.00
99381 EP	Office Visit <1—New/Prevent EP	\$202.00
99382 EP	Office Visit 1-4 EP	\$208.00
99383 EP	Office Visit 5-11 EP	\$216.00
99384	Office Visit 12-17 FP	\$242.00
99384 EP	Office Visit 12-17 EP	\$242.00
99385	Office Visit 18-39 FP	\$274.00
99385 EP	Office Visit 18-39 EP	\$274.00
99385	Office Visit 18-39 FP	\$274.00
99386	Office Visit 40-64	\$297.00
99387	Office Visit >65	\$310.00
<b>ESTABLISHED PATIENTS</b>		
99211	Office Visit Nurse—Est/Problem	\$53.00
99212	Office Visit 2	\$92.00
99213	Office Visit 3	\$142.00
99214	Office Visit 4	\$212.00
99215	Office Visit 5	\$318.00
99391 EP	Office Visit <1—Est/Prevent EP	\$174.00
99392 EP	Office Visit 1-4 EP	\$182.00
99393 EP	Office Visit 5-11 EP	\$186.00
99394 EP	Office Visit 12-17 EP	\$205.00
99394	Office Visit 12-17 FP	\$205.00
99395 EP	Office Visit 18-39 EP	\$234.00
99395	Office Visit 18-39 FP	\$234.00
99396	Office Visit 40-64	\$243.00
99397	Office Visit >65	\$258.00

99455	Farmer Medical & Fit Testing	\$40.00
94010	Farmer Fit Testing	\$25.00
99429	Prison/Sheriff's Exam	\$90.00
99499	CDL Exam	\$120.00
G0438	Medicare Initial Wellness Exam	\$285.00
G0439	Medicare Annual Wellness Exam	\$403.00
Q3014	Telemedicine Facility Fee	\$50.00
<b>CHILD HEALTH</b>		
92587	Hearing Screen with OAE	\$106.00
99173	Vision screen	\$31.00
D0145	Oral Evaluation	\$51.00
D1206	Fluoride Application	\$21.00
96110	Developmental ASQ/M-Chat	\$43.00
96161	Edinburgh Infant	\$27.00
96127	CRAFT/ASQ-Se/Mental Health	\$27.00
96160	Admin. of Pt. Focus Health Risk Assessment	\$31.00
<b>IMMUNIZATIONS</b>		
90471	Vaccine Admin 1 <sup>st</sup>	\$45.00
90472	Vaccine Admin 2 <sup>nd</sup>	\$27.00
90473	Vaccine Admin oral/nasal	\$42.00
90474	Vaccine Admin oral/nasal in addition to 90471 or 90473	\$27.00
90660 / 90672	Flu Mist vaccine (private stock)	\$53.00
90658 / Q2038	Influenza 3+	\$29.00
90734	Meningococcal Vaccine	\$179.00
	Private Vaccine is charged at 25% markup of cost	
<b>EPIDEMIOLOGY</b>		
T1002	TB Cont/Rx	\$68.00 (3 <sup>rd</sup> party only)
86580	TB TST	\$27.00
LU102	TB Screening Form	\$10.00
<b>FAMILY PLANNING</b>		
J1050	Depo Provera	\$44.00
57170	Diaphragm Fitting	\$188.00
58300	IUD Insertion	\$287.00
58301	IUD Removal	\$265.00
J7298	Mirena	\$555.00 / 340B Rate
J7297	Liletta	\$599 / 340B Rate
J7307	Nexplanon	\$630.00
11981	Nexplanon Insertion	\$351.00
11982	Nexplanon Removal	\$361.00
11983	Nexplanon Removal & Insertion	\$542.00
S4993	Pills	\$6.00
<b>MATERNITY</b>		
59425	Antepartum 4-6 vists	\$1135.00
59426	Antepartum 7 or more visits	\$2045.00

59430	Postpartum home visit	\$370.00
J2790	Rhogam	\$124.00
96127	Edinburgh Mother	\$27.00
S0280	Pregnancy Risk Screen	\$50.00
S0281	Incentive Postpartum Visit	150.00
<b>LABORATORY – IN HOUSE</b>		
82120QW	Amine test	\$22.00
82947QW	Glucose (in-house)	\$27.00
82950	GTT 1 hour	\$33.00
82951	GTT 3 hour	\$91.00
82270	Hemocult (3 specimens)	\$19.00
85018QW	Hemoglobin (in-house)	\$18.00
81025	Pregnancy test	\$27.00
87804	Rapid Influenza Test	\$40.00
87880	Rapid Strep Test	\$40.00
81003	Urinalysis Auto	\$19.00
80326	Urine Drug Screen	\$30.00
87210QW	Wet Mount	\$25.00
<b>LABORATORY - REFERENCE</b>		
	Each lab test is charged the rate of the Reference Lab	
T2025	Administrative Blood Draw Fee	\$25.00
<b>INJECTIONS</b>		
96372	Injection only	\$53.00
J1200	Benadryl 50 mg	\$1.00
J1100	Decadron 4 mg	\$.16
	Epinephrine up to 1 mL	\$300.00
90788	IM Antibiotic Injection	\$20.00
90774	IV Injection	\$20.00
J3301	Kenalog	\$11.00
J1940	Lasix 10 mg/1cc	\$.73
J2550	Phenegan 50 mg	\$2.00
J2920	Solumedrol	\$5.00
J1885	Toradol 60 mg	\$3.00
J3420	Vitamin B12	\$2.00
J2000	Lidocaine	\$4.00
20552	Injection of trigger points in 1 or 2 muscles	\$180.00
20553	Injection of trigger points in 3 or more muscles	\$265.00
31203	50% Dextrose	\$2.00
<b>PROCEDURES</b>		
92551	Audiometry	\$36.00
51701	Catherization	\$167.00
69210	Cerumen Disimpaction	\$122.00
11055	Cutting Benign Lesion	\$73.00



11720	Debridement of nails	\$49.00
11040	Debridement/Abrasion	\$55.00
17110	Destruction of Lesion excluding skin tags ≤14	\$204.00
17111	Destruction of Lesion excluding skin tags >15	\$252.00
69200	Ear – Foreign Body Removal	\$290.00
10120	Ear – Foreign Body Removal Uncomp	\$336.00
93000	EKG	\$71.00
10061	I & D Abscess Complex or Multiple	\$527.00
10060	I & D Abscess Simple	\$248.00
10140	I & D Hematoma	\$359.00
20610	Injection Joint - Large	\$217.00
20605	Injection Joint - Medium	\$165.00
11900	Injection of Lesion	\$115.00
G0101	Medicare Pelvic and Breast	\$72.00
G0102	Medicare Prostate	\$38.00
30901	Nasal Bleed Simple	\$269.00
94640	Nebulizer tx – Initial	\$51.00
94665	Nebulizer tx – Sub. Non covered Medicaid	\$36.00
94650	Oxygen Therapy	\$50.00
94150	Peak Flow	\$45.00
94760	Pulse Oxygen	\$22.00
11200	Removal Skin Tag	\$177.00
11300-11303	<i>Shave Biopsy</i>	\$164.00 - \$265.00
99406	Smoking Cessation > 3 min – 10 min	\$36.00
99407	Smoking Cessation >10 min	\$88
12001-7	Staple Insertion and Removal	\$377 - \$890.00
<b>MISCELLANEOUS CHARGES</b>		
	Ace Bandage	\$1.00
	Cath insertion tray	\$3.00
	Irrigation	\$2.00
	Large Dressing	\$3.00
	Medium Dressing	\$3.00
	Small Dressing	\$2.00
	Sterile Tray	\$10.00
	Unspecified Materials	\$11.00
LU021	Complete Form	\$5.00
LU018	Copy Medical Record	Per GS 90-411

This Fee Schedule, effective July 1, 2018, was reviewed and approved by the Hyde County Board of Health on June 19, 2018.

  
Chair, Hyde County Board of Health

6-19-18  
Date

\_\_\_\_\_  
Chair, Hyde County Board of Commissioners

\_\_\_\_\_  
Date

**HYDE COUNTY BOARD OF COMMISSIONERS  
2011/2012 BUDGET REVISIONS**

MEETING DATE 7/2/2018					
(FO USE) BR # OR IDT#	DEPARTMENT	ACCOUNT #	LINE ITEM ACCOUNT NAME / EXPLANATION	"+" EXP BUDGET "-" REV BUDGET DEBIT	"-" EXP BUDGET "+" REV BUDGET CREDIT
1-19	Health - MH & Substance Abuse	10-00.0200	Salaries - LPC	\$ 60,000.00	
		10-00.0500	FICA - LPC	\$ 4,590.00	
		10-00.0600	Group Insurance - LPC	\$ 5,700.00	
		10-00.0700	Retirement - LPC	\$ 4,560.00	
		10-00.1400	Travel	\$ 10,000.00	
		10-00.3200	Office Supplies	\$ 3,500.00	
		10-00.7400	Equipment	\$ 3,000.00	
			KBR Grant Revenue		\$ 91,350.00
				\$ 91,350.00	\$ 91,350.00
			This revision creates a budget for Hyde County's Mental Health/Substance Abuse program. Grant funding from Kate B Reynolds Foundation covers salary and fringes for a Licensed Counselor, supplies, travel, and equipment. A formal presentation of this program will be provided at the August meeting.		
<b>Notes:</b>					
	Grant	\$ 138,115.00			
	Indirect funds	\$ 13,812.00			
		\$ 151,927.00			
	Total funding FY 2018-19	\$ 151,927.00			
	Budget Revision	\$ 91,350.00			
	Remaining funds	\$ 60,577.00			

REQUESTED Annaal Hicks DATE 7-2-18

APPROVED... CO MANAGER CO COMMISSIONER-CHAIR CLERK TO THE BOARD

ENTERED LEDGER/DATE \_\_\_\_\_



## Kate B. Reynolds Charitable Trust

### Grant Agreement with County of Hyde

#### Grant No. 2018-078

This Grant Agreement ("Agreement") made by and between Wells Fargo Bank, N.A., as trustee of the Kate B. Reynolds Charitable Trust ("Trust") and County of Hyde ("Organization") outlines the terms and conditions governing the Organization's use of the Grant.

This Grant is identified as Grant No. **2018-078**. Please use this identifier in all communications pertaining to the Grant.

1. **Purpose.** The Grant is being distributed to the Organization only for the following purposes:

Programmatic funds to implement a comprehensive plan to combat substance misuse and opioid addiction in one of the most rural counties in the state. The deaths of several young people in Hyde County from opioid overdoses sparked the community to develop a strategic plan for reducing addiction rates that included the formation of a stakeholder task force and hosting public meetings. Residents settled on a three-part response that includes implementation of an evidence-based prevention program in the schools, increasing treatment options for people suffering from addiction, and employing harm reduction strategies. Trust funds, along with county appropriations, would cover costs for a social worker and a patient navigator along with some supplies and telepsychiatry services. The Trust will be in contact soon about a post-award grant meeting.

It is agreed that the Grant (together with any income from the investment of Grant funds) will be used only for grant purposes described above, as specified further in the final budget and Grant Application attached as Exhibit A to this Agreement. To the extent there is a conflict among them, the following order of priority indicates which document controls: (i) this Agreement, (ii) then the attached final budget, (iii) then the attached Grant Application. Any modification to this Agreement or of the funded program requires the written approval of the trustee, which the trustee in its discretion may or may not provide.

2. **Amount of Grant.** A grant to the Organization in the amount of \$455,781 has been approved ("Grant"). No more than \$41,436 of this total can be used for indirect expenses, leaving \$414,345 to be applied to the above specific charitable purpose.
3. **Payment Schedule.** The Grant will be disbursed over a period of 36 months, provided the Organization is in compliance with the terms and conditions of this Agreement at the time of payment. The trustee may in its sole and absolute discretion modify the timing or the amount of any payment and will notify the Organization in writing of any changes.

AMOUNT	PAYABLE AFTER	CONTINGENT UPON
\$151,927	6/1/2018	Return of signed Grant Agreement and notice that the organization is ready for funds
\$151,927	6/1/2019	Receipt of acceptable report and notice that the organization is ready for funds
\$151,927	6/1/2020	Receipt of acceptable report and notice that the organization is ready for funds

4. **Required Reports; Trust Contact.** Written reports using the report forms available on the Trust's web site ([www.KBR.org](http://www.KBR.org)) signed by an appropriate authorized representative of the Organization must be furnished to the Trust as requested by the trustee. The trustee may require annual certified public accounting audits for the duration of the Grant period or other additional documents to verify statements in any written report. Reports and any other items required to be sent to the trustee per this Agreement should be submitted electronically as email attachments to:

Debra Hall, Grants Manager, at [debra@kbr.org](mailto:debra@kbr.org)

5. **Trust Contact.** Except as noted in Paragraph 4 above, the Organization's official contact for matters relating to this grant is:

Adam Linker, Program Officer  
Kate B. Reynolds Charitable Trust  
336-397-5500; 800-485-9080  
[adam@kbr.org](mailto:adam@kbr.org)

6. **Record Maintenance, Inspection & Retention.** The Organization must maintain records of receipts and expenditures and make its books and records available to the trustee for inspection at reasonable times. The trustee may monitor and conduct an evaluation of operations relating to the Grant, which may include a site visit by the trustee.
7. **Prohibited Activities.** So that the Trust may comply with applicable law, including the Internal Revenue Code (the "Code"), it is understood that the Grant will not be used for any of the following purposes:
- A. To carry on propaganda, or otherwise to attempt to influence any legislation (within the meaning of Section 4945(d)(1) of the Code);
  - B. To influence the outcome of any specific public election or to carry on, directly or indirectly, any voter registration drive (within the meaning of Section 4945(d)(2) of the Code);
  - C. To make grants to individuals for travel, study or other similar purposes (such as scholarships, fellowships, or grants for research), unless such grants satisfy the requirements of Section 4945(g) of the Code;
  - D. To make any grant to any other organization (other than to public charities or exempt operating foundations) which does not comply with the requirements of Section 4945(d)(4) of the Code;  
or
  - E. To undertake any activity for any purpose other than the charitable purposes specified in Section 170(c)(2)(B) of the Code.
8. **Return of Unused Funds.** Any portion of the Grant (including any income earned on invested Grant funds) that is unexpended at the completion of the project or June 30, 2026 (whichever occurs first) must be promptly returned to the Trust, unless the Organization receives express notice to the contrary from the Trust.

9. **Tax-Exempt Status.** The Grant is contingent upon the Organization maintaining its public charity status described in Section 501(c)(3) and 509(a)(1), (2) or (3) of the Code. It is understood that the Organization will promptly notify the trustee if:
  - A. The IRS changes the Organization's tax-exempt status;
  - B. There is an issue pending before any office of the IRS that could result in any changes to the Organization's tax-exempt status;
  - C. The Organization intends to engage in a substantial and material organizational change (including any proposed termination of the Organization during the Grant period) that could impact the Organization's tax-exempt status.
10. **No Assignment or Delegation.** The Organization may not transfer or otherwise assign its rights or delegate any of its obligations under this Agreement without the prior written approval of the trustee.
11. **Other Required Notifications.** The Organization must promptly notify the trustee if the Organization will be unable to expend any portion of the Grant or if any portion of the Grant is used for a purpose inconsistent with this Agreement.
12. **Publicity.** If the Organization wishes to publicize the Grant, the Organization will incorporate information contained in the attached "News Release Guidelines for Grantees" into any such publicity. The Organization agrees to send a draft of any such press release or other publicity that materially deviates from such Guidelines to the trustee for review and approval before publication. The Organization may send any publicity that follows such Guidelines for review as well if desired.
13. **Right to Modify or Revoke.** The trustee, in its sole discretion, reserves the right to discontinue, modify or withhold any distributions or require a total or partial refund of the Grant if:
  - A. The Organization has not complied with the terms and conditions of this Agreement. This includes, but is not limited to, compliance with the requirement that the trustee timely receive any written reports and that the written reports contain the necessary information.
  - B. If such action is necessary to protect the purpose and objectives of the Grant or the charitable purposes of the Trust; or
  - C. If such action is necessary as required by law.
14. **Governing Law.** This Agreement shall be governed by and construed in accordance with the laws of the State of North Carolina.

The party signing below on behalf of the Organization represents that such party has the power to bind the Organization and upon request will provide a corporate resolution or other similar documentation evidencing that the signer has the ability to enter into agreements and bind the organization such signer represents.
15. **Entire Agreement.** This Agreement contains the entire agreement between the parties hereto and supersedes any and all prior oral and written agreements and understandings. If a court of competent jurisdiction holds any provision of this Agreement invalid, void, or unenforceable, the remaining provisions nevertheless shall continue in full force and effect without being impaired or invalidated in any way.

16. **Execution.** By executing this grant agreement, the Organization agrees to the terms and conditions of this Agreement. *Failure to abide by the terms and conditions of this Agreement may cause distribution delays or cause the Grant to be terminated, resulting in forfeiture of any remaining distributions, in the discretion of the trustee.*

**SIGNED:**

Wells Fargo Bank, N.A., as Trustee  
of the Kate B. Reynolds Charitable Trust

By: Audrey Johnson

Date: 5-29-18

Printed Name: Audrey Johnson

Title: Trustee Representative

**SIGNED:**

County of Hyde

*Check one:*

☒ We are ready to receive and use the funds for the purpose granted.

☐ We will request the funds in writing when we are ready to receive and use them for the purpose granted.

By: Kristen Cahoon Noble

Date: 6.11.18

Printed Name: Kristen Cahoon Noble

Title: Assistant County Manager

# Kate B. Reynolds Charitable Trust Program Budget

Organization Name County of Hyde

Request ID 2018-078

Revenue	Year 1	Year 2	Year 3	Total
Kate B. Reynolds Charitable Trust	\$138,115	\$138,115	\$138,115	\$414,345
Other	\$77,092	\$86,565	\$91,489	\$255,146

Total Revenue \$215,207 \$224,680 \$229,604 \$669,491

Expenses	Project Cost Year 1	Grant Request Year 1	Trust Year 1 Recommendation	Project Cost Year 2	Grant Request Year 2	Trust Year 2 Recommendation	Project Cost Year 3	Grant Request Year 3	Trust Year 3 Recommendation
LCSW Salary/Fringe	\$ 75,660	\$ 75,660	\$ 75,660	\$ 75,660	\$ 75,660	\$ 75,660	\$ 75,660	\$ 75,660	\$ 75,660
LCSW Equipment/Supplies	\$ 6,500	\$ 6,500	\$ 6,500	\$ 6,500	\$ 6,500	\$ 6,500	\$ 6,500	\$ 6,500	\$ 6,500
SAPC Salary/Fringe	\$ 46,955	\$ 9,455	\$ 9,455	\$ 46,955	\$ 9,455	\$ 9,455	\$ 46,955	\$ 9,455	\$ 9,455
SAPC Equipment/Supplies	\$ 6,500	\$ 6,500	\$ 6,500	\$ 6,500	\$ 6,500	\$ 6,500	\$ 6,500	\$ 6,500	\$ 6,500
Telepsychiatry Services	\$ 30,000	\$ 30,000	\$ 30,000	\$ 30,000	\$ 30,000	\$ 30,000	\$ 30,000	\$ 30,000	\$ 30,000
SAPC/LCSW Travel	\$ 10,000	\$ 10,000	\$ 10,000	\$ 10,000	\$ 10,000	\$ 10,000	\$ 10,000	\$ 10,000	\$ 10,000
Trust Indirect Funds			\$ 13,812			\$ 13,812			\$ 13,812
Syringe Exchange Coordinator									
Salary/Fringe	\$ 6,089	\$ -	\$ -	\$ 6,089	\$ -	\$ -	\$ 6,089	\$ -	\$ -
Mobile/HD-based Syringe Exchange									
Supplies	\$ 7,271	\$ -	\$ -	\$ 14,542	\$ -	\$ -	\$ 21,812	\$ -	\$ -
Mobile Syringe Exchange Travel	\$ 327	\$ -	\$ -	\$ 654	\$ -	\$ -	\$ 981	\$ -	\$ -
EMS Syringe Exchange Supplies	\$ 4,861			\$ 4,861			\$ 4,861		
Naloxone Kits	\$ 5,625	\$ -	\$ -	\$ 7,500	\$ -	\$ -	\$ 9,375	\$ -	\$ -
Prevention Education Supplies	\$ 500	\$ -	\$ -	\$ 500	\$ -	\$ -	\$ 500	\$ -	\$ -
Stipends for Prevention Education Speakers	\$ 1,000	\$ -	\$ -	\$ 1,000	\$ -	\$ -	\$ 1,000	\$ -	\$ -
Awareness Campaign/Advertising	\$ 5,000	\$ -	\$ -	\$ 5,000	\$ -	\$ -	\$ 5,000	\$ -	\$ -
Spanish Interpreter									
Salary/Fringe	\$ 3,894	\$ -	\$ -	\$ 3,894	\$ -	\$ -	\$ -	\$ -	\$ -
Spanish Interpreter									
Travel	\$ 654	\$ -	\$ -	\$ 654	\$ -	\$ -	\$ -	\$ -	\$ -
EMS Staff									
Salary/Fringe	\$ 4,371	\$ -	\$ -	\$ 4,371	\$ -	\$ -	\$ 4,371	\$ -	\$ -
Total Expenses	\$ 215,207	\$ 138,115	\$ 151,927	\$ 224,680	\$ 138,115	\$ 151,927	\$ 229,604	\$ 138,115	\$ 151,927
Difference		\$ 77,092	\$ (13,812)		\$ 86,565	\$ (13,812)		\$ 91,489	\$ (13,812)

You must explain each revenue and expense line item listed in the narrative sections (see tabs below).

Notes: Do not include indirect expenses. For most programmatic projects, the Trust will add indirect funds at 10% up to a maximum amount of \$50,000. Although space is allotted for a three-year budget, proposed projects can be for a one, two or three-year period.

# Kate B. Reynolds Charitable Trust

## Application Questions for Operating Programs

Request ID: 2018-078

Organization: County of Hyde  
Project: Hyde SOS (Saving Our Society)  
Requested Amount: 414,345  
Financially Needy: 22%

### Organizational Capacity

#### Q1. WHAT IS YOUR ORGANIZATION'S MISSION?

The Substance Awareness Taskforce is a collection of community leaders and citizens working towards a healthy, productive, drug-free community through increased 1) prevention education, 2) awareness of & access to counseling & treatment resources, and 3) enforcement of relevant laws.

#### Q2. WHAT HAVE YOU ACHIEVED IN THE PAST YEAR TO ADVANCE YOUR MISSION AND IMPROVE YOUR ORGANIZATION'S CAPACITY? TASKFORCE IMPLEMENTATION

In July 2017, leaders from Hyde County government convened and developed a Substance Awareness Taskforce in response to the opioid epidemic and at the urging of the NC Association of County Commissioners. Not remiss from the timing of the Taskforce implementation was the recent overdose deaths of 2 young residents - a first to be reported. One of the first steps taken by the taskforce was hosting Community Forums in the five townships in Hyde County. (Please see Community Forum attachment for more information.)

#### NALOXONE TRAINING/DISTRIBUTION

August 2017 brought about training to the local fire department in the use of Naloxone. Naloxone kits were distributed to the fire and sheriff's departments.

#### INJURY FREE NC ACADEMY

In October 2017, a team of 6 individuals from the Taskforce attended a 2 day workshop on injury free interventions related to substance abuse. The focus of this seminar was connecting to people on their terms, and implementation of a Syringe Exchange Program. This workshop is a two-part seminar in which the team will return in late February for additional plans.

#### MEDICATION TAKE BACK EVENTS

Two (2) medication take back events were held - on mainland and on Ocracoke Island. Residents were encouraged to drop off their unused/expired medications for safe disposal.

#### PRE-TASKFORCE INTERVENTIONS/PROGRAMS



# Kate B. Reynolds Charitable Trust

## Application Questions for Operating Programs

Request ID: 2018-078

? School-based education through the LEAD club, which are peer health education clubs that support the abstinence of tobacco and illegal substances

? Parent education ? A mock bedroom is set up to show hiding places for drugs and paraphernalia, limited to adults only.

? Naloxone training/distribution, offered initially in 2/2016 to the sheriff's department.

? Medication drop boxes were placed in both sheriff's department locations

? Awareness campaigns have been ongoing through the use of billboard, radio, social media, and the Health Department website.

### Your Participants

Q3. WHAT ISSUE ARE YOU ADDRESSING? HOW MANY INDIVIDUALS OR GROUPS WITHIN YOUR FOCUS AREA ARE AFFECTED BY IT?

The Hyde SOS Program addresses the issue of substance abuse, with an emphasis on opioids. Hyde County is no stranger to the challenges of obtaining services, and as such, services for substance abuse and mental health are practically non-existent. Substance abuse, including the opioid epidemic, affects not only the individuals who are misusing and abusing drugs, but also families and communities as a whole; therefore, enumerating those affected by substance abuse in Hyde County is difficult. Not only that, but it is extremely difficult to determine how many people are misusing and abusing opioids due to the fact that this is underreported using self-report measures. When assessing how many people are affected by this issue, data collected by law enforcement, hospitals, social services, etc. must be utilized:

? According to Hyde County Department of Social Services, in 2016, 11 out of 33 of their cases were related to substance abuse. Additionally, a total of 35 children involved in their cases were affected by substance abuse.

? From 1999 until 2015, 5 out of 6 poisoning deaths were related to medication/drugs, with no more than 1 overdose per year. In 2016, however, there were 2 overdose deaths ? both of which were related to medication/drugs.

? From 1999 to 2015, no data was reported regarding hospitalizations resultant of poisonings due to the fact that cases are suppressed when there have been overdose(s) but the number of overdoses is fewer than 10. In 2016, however, 10 cases of poisoning hospitalizations were reported.

? In 2016, Hyde County EMS reported 27 drug related clinical impressions.

? In 2017, there were 15 warrants/arrests for marijuana (plus 20 citations), 16 warrants/arrests for paraphernalia, 20 warrants/arrests for schedule II/IV drugs, and 15 involuntary commitments to treatment by law enforcement.

Data Source:

<http://www.injuryfreenc.ncdhhs.gov/DataSurveillance/Poisoning.htm>

# Kate B. Reynolds Charitable Trust

## Application Questions for Operating Programs

Request ID: 2018-078

Q4A. DESCRIBE THE PARTICIPANTS WHO WILL BE INCLUDED IN YOUR PROGRAM. HOW MANY ARE FINANCIALLY DISADVANTAGED? ARE THE PARTICIPANTS DIFFERENT IN ANY WAY FROM THE FULL POPULATION YOU DESCRIBED IN QUESTION THREE?

Participants of the program would ideally include all 5,810 residents of the county ? not solely those affected by substance abuse. Of these residents, over 1,300 are living below the poverty level (22.4% of residents), and approximately 1,052 do not have health insurance (18.1% of residents).

Those affected by this epidemic do not fall within a specific financial demographic, as abuse and addiction affects individuals of all socioeconomic classes. The individuals living below the poverty level, as well as the uninsured, have a greater disadvantage than the financially advantaged simply related to their socioeconomic status; however, all people, regardless of their financial status will benefit from the program as there are no programs locally for participation.

Sources: 2010 US Census; 2012 ? 2016 American Community Survey 5-Year Estimates

### Your Impact

Q5. WHAT IMPACT ARE YOU COMMITTED TO ACHIEVING? HOW MANY OF THE PARTICIPANTS WILL ACHIEVE THAT IMPACT?

It is the goal of the Substance Awareness Taskforce to make the following impacts on all Hyde County residents (5,810 people) through the Hyde SOS Program:

? Increased access to and utilization of substance abuse and mental health counseling and treatment (Target: active users and individuals with a mental health diagnosis)

? Reduction in the number of overdoses and associated deaths (Target: active users and youth [through prevention activities])

? Reduction in the number of infections (e.g. sepsis, endocarditis) and transmission of communicable diseases (e.g. HIV, Hepatitis C) (Target: Intravenous Drug Users [IDUs])

? Increased awareness of local resources and programs (Target: All residents, especially active users and their loved ones)

? Increased knowledge regarding drugs and their consequences (Target: All residents, especially youth and their caregivers)

Source: 2010 Census

Q6. HOW MANY OF THE PARTICIPANTS WOULD BE LIKELY TO ACHIEVE THE ANTICIPATED IMPACT IF YOUR PROGRAM DID NOT EXIST?

# Kate B. Reynolds Charitable Trust

## Application Questions for Operating Programs

Request ID: 2018-078

Without the Hyde SOS Program, Hyde County would have no substance abuse treatment services, psychiatry services, school- or community-based substance abuse education, syringe exchange program (mobile/health department-based/EMS), EMS naloxone program, as well as extremely limited counseling services; therefore, it is unlikely that many residents would achieve the anticipated impact without this program.

### Your Program

Q7. DESCRIBE THE WORK FOR WHICH YOU SEEK FUNDS. WHAT APPROACH WILL YOU USE TO ACHIEVE THE ANTICIPATED IMPACT?

The Hyde SOS Program is a comprehensive approach to reducing substance abuse in Hyde County through 1) Education & Prevention, 2) Resources & Recovery, and 3) Enforcement. Attached with this application is the Substance Awareness Taskforce's Strategic Plan which is a working document created to guide the work of the taskforce. This document goes into greater detail regarding strategies in each of the program's focus areas. While this comprehensive program requires funding for activities performed in each focus area, funds being sought from the Kate B. Reynolds Charitable Trust would address the Resources & Recovery aspect of the model.

A Substance Abuse Treatment program will be implemented, which will provide residents with access to local outpatient treatment options through telepsychiatry and counseling services. To implement the outpatient treatment program, a psychiatrist will be contracted who will provide services via telemedicine, in conjunction with a Licensed Clinical Social Worker (LCSW) who will provide treatment. East Carolina University Telepsychiatry has issued a Letter of Support for this program. It is anticipated that the psychiatrist will be contracted to provide 16 hours per month, and the LCSW will carry out therapy full time. The Health Department is positioned to provide this type service, as telemedicine equipment is on site, and the agency has had success with this type of service delivery in the past. The North Carolina Statewide Telepsychiatry Program (NC-STeP) is the model that will be implemented. See the evidence based section for details.

Also, a Substance Awareness Program Coordinator (SAPC) will lead the Hyde SOS Program, as well as work as a patient navigator and liaison within the community. The SAPC will maintain current resources and navigate participants to the program applicable for them (detox, out of county) and back to Hyde for outpatient therapy when acceptable. The SAPC will market this program to providers, so that they may refer patients to local outpatient services in an effort to reduce barriers to treatment.

Some of the major strategies within the comprehensive program model that are funded by other sources include: Naloxone distribution, Syringe Exchange Program, school- and community-based prevention education, awareness/media campaigning, etc. (Please see Strategic Plan & Budget attachments for more information.)

# Kate B. Reynolds Charitable Trust

## Application Questions for Operating Programs

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Q8. IS YOUR APPROACH BACKED BY EVIDENCE OF SUCCESS? IF SO, WHAT IS IT?

Telepsychiatry is an evidence based program as reported in the World Journal of Psychiatry, 2016 June 22. This type of psychiatry is ideal for rural areas suffering from a lack of access to care. Hyde County will implement the North Carolina ?Statewide Telepsychiatry Program (NC-STeP) to provide this program. NC-STeP is a program designed to provide evidence based strategies for addressing mental health issues, including substance abuse, via telemedicine. The program was initially created to assist emergency department in any NC hospital to provide timely psychiatric care. The program was so successful that it is now creating collaborative linkages to Primary Care Providers, Community-based mental health providers as well as Public Health Clinics.

Syringe Exchange Programs have been proven to reduce communicable diseases such as Hepatitis C, Hepatitis B, and HIV, as well as reducing infections obtained through dirty needles, i.e. endocarditis, sepsis. According to the American Medical Association and the World Health Organization, SEPs decrease drug use by connecting IDUs to treatment programs. Additionally, SEPs have also been shown to reduce the number of needle sticks to law enforcement.

Sources: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4919267/> ;  
<https://www.sciencedirect.com/science/article/pii/S092493381600972X>

### Tracking to Success

Q9. HOW WILL YOU KNOW WHEN YOUR IMPACT HAS BEEN ACHIEVED? WHAT INFORMATION OR EVIDENCE WILL YOU USE TO VERIFY SUCCESS AND/OR MAKE COURSE CORRECTIONS IN YOUR PROGRAM?

The Hyde SOS Program will be considered successful if the following goals are achieved:

- Decrease in drug-related deaths
- Decrease in drug overdoses
- Decrease in the incidence of Hepatitis C
- Decrease in the incidence of HIV
- Increased knowledge regarding drug use among youth

Because substance use and even overdoses are underreported, these measures may be hard to accurately evaluate; however, statistics found in the response to Question 3 will be used as baseline measures. Reports will be generated annually to determine if progress is being made. HIV and Hepatitis C incidence rates (new cases) will also be monitored year to year. Changes in knowledge among youth will be evaluated through pre- and post-intervention surveys. (Although the evidence-based curriculum that will be

# Kate B. Reynolds Charitable Trust

## Application Questions for Operating Programs

Request ID: 2018-078

utilized has not yet been selected, evaluation measures built into the program will be implemented.)

(Source: NC DHHS, Division of Public Health, Epidemiology Section, Communicable Disease Branch. Facts and Figures, Annual Reports.)

### Q10. WHAT DO YOU MOST WANT TO LEARN FROM THIS PROGRAM?

Hyde County is eager to implement the Hyde SOS Program, and as such, has begun much of the initial work required to get this program operational. As expected, Hyde first and foremost wants to touch and help the individuals and families in need of the resources and assistance that this program will provide. Secondary to that, is the education that we can expect to receive from such a project. We hope to learn which strategies of the program will have the greatest impact on the community. Substance abuse is a serious health concern as well as a monetary drain to our taxpayers. By learning how to reach people through prevention tactics, our hopes are to curb the use, thus reducing addiction and needs for treatment. Communication and community engagement are paramount to the program's success. By utilizing these tactics, it is our hope that we will learn how to better relate to the drug using community and how to employ the necessary tactics to advocate for those in need.

Learning the triggers of addiction, ways to cope with stress and how to address mental health in our area will be valuable information for the Taskforce as well as the community and participants of the program. If everyone involved can view this as a team approach, learning and supporting one another together, the program will have a well laid foundation.

There is much to learn with the opioid epidemic, and the entire country is being forced to learn ways to combat these and other substance abuse issues. Hyde County is not exempt. Our hope is to learn what it takes to make a positive impact on our county and the families living within, and to successfully carry that into the future, reducing the painful fallout that results from substance abuse.



# KATE B. REYNOLDS CHARITABLE TRUST

## News Release Guidelines for Grantees

The Kate B. Reynolds Charitable Trust invests in its grantees' ability to create and encourage positive change within their communities' health and quality of life. Interesting and informative news releases are a communications tool that nonprofits can use to generate positive interest in their work and to increase impact by sharing information regarding their work. It is important to provide clear and accurate material for the media.

The following guidelines are meant to help you prepare a one-page press release announcing your grant. There is an example on the next page for your reference.

1. The lead, or opening sentence, should directly state the news you are sharing in a nutshell. Focus on the grant's overall purpose, not your mission statement.
2. In the second paragraph (most paragraphs will only be one or two sentences) you should add context. What is the larger problem being addressed/ solved? This is also a good place to list source(s), the dollar amount(s), and the duration of funding.
3. The quote- think of a few lead people from your agency who can best explain why people should care. You can ask one or two people for quotes and then choose the one who answers using clear, everyday language.
4. Successive paragraphs should include additional detail and background, such as the project's impact or objectives. It is appropriate to use the official background or project language, if it is clear. Keep it simple.
5. Please include the standard paragraph on the Trust, provided below, at the bottom of your press release:  
*The Kate B. Reynolds Charitable Trust was established in 1947 and is now one of the largest private trusts in North Carolina. Our mission is to improve the health and quality of life of financially-disadvantaged residents in North Carolina. The Health Improvement in North Carolina program area supports community-wide health solutions across the state. The Local Impact in Forsyth County program area fosters equitable and sustainable solutions to improve the quality of life in Forsyth County. Wells Fargo Bank, N.A. serves as sole trustee.*
6. The final paragraph should be your organization's standard language.
7. Revise, spell check, and revise again.
8. Last, write a clear headline that summarizes the main point of the article. It goes above the article, but it is easier to summarize once everything else is written.

Before you submit to your local paper, look up their submission deadlines and determine which editor or author focuses on issues that your organization's project will address.

Please send an email request if you are interested in using the Trust's logo. If you have questions about writing or distributing your press release, contact Nora Ferrell, the Trust's director of communications, at [nora@kbr.org](mailto:nora@kbr.org).